

Curriculum Vitae

• Personal History

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• Educational History

a. Education (Academic Preparation)

Major	Degree	University	City	Country	Year	
					From	To
Health Education and Health Promotion	PhD	Hamadan University of Medical Sciences	Hamedan	Iran	2011	2018
Health Education	MSc	Tehran University of Medical Sciences	Tehran	Iran	2003	2006
Public Health	BsC	Mashhad University of Medical Sciences,	Mashahd	Iran	2001	2003

b. Theses

Title of thesis	Degree	Supervisor(s)
Effectiveness of Interventional Health Promotion Programs for Reducing Risk Factors for the Highness of Blood Pressure in Sabzevar, with Social Marketing Approach	PhD	
Examining Awareness and attitude of Students in University of Tehran about the Effects of Ecstasy pills	MSc	

- **Professional History**

- a. **Teaching history**

School	*Level	Role	**Type of lesson (theory or Practical)	Title of lesson	Number of Students	Clock Hours	Year
Neyshabur University of Medical Sciences	Medical students (BSc, MSc)	Teacher	Theoretical	Public health students	80	224	2018-2021
Neyshabur University of Medical Sciences	Medical students (BSc, MSc)	Teacher	Practical	General Hygiene	50	160	2018-2021
Neyshabur University of Medical Sciences	Medical students (BSc, MSc)	Teacher	Practical	Nursing	60	64	2017-2021
Neyshabur University of Medical Sciences	BSc	Instructor	Internship	General health	25	30	2005
Neyshabur University of Medical Sciences	BSc	Instructor	Internship	General health	28	52	2006
Neyshabur University of Medical Sciences	BSc	Instructor	Vaccination	General health	21	64	2013
Neyshabur University of Medical Sciences	BSc	Instructor	Society Health II	General health	25	60	2014
Neyshabur University of Medical Sciences	BSc	Instructor	Elderly Health	General health	30	60	2016
Neyshabur University of	BSc	Instructor	Theories of Teaching Health	General health	30	64	2016

Medical Sciences							
6Hamedan University of Medical Sciences	BSc	Instructor	Theories of Population and family management	Occupation Therapy III	35	58	2012
Hamedan University of Medical Sciences	BSc	Instructor	Theories of Population and family management	Occupational Therapy IV	35	58	2013

*Level: Undergraduate, Resident, Postgraduate, Graduate

**Type of lessons: Theory or Practical (Classroom, Laboratory, clinic, Operating Room, Community, etc.)

b. Professional Service

Type of Service	Place	Year
Research Deputy	Neyshabur University of Medical Sciences	2018-2021

c. Academic Administrative Appointments

Position	Duties	Institution/Location	Supervisor	Year

d. Executive Positions and appointments (Administrative)

Job Title	Duties and Responsibilities	Site of activity	Supervisor	Year	
				From	To

• Honors and Awards

Award	Place	Awarding body	Year

• Membership in Professional Associations and societies (Professional Memberships)

Name of Association	Site of association	For	Year

• Committees and councils Membership

Name of Committee or council	Member/officer	Place	Year	
			From	To
Art and Health Group	Member of Art and Health	Neyshabur University of	2017	

	Group	Medical Sciences	
Ethics and Professional Development Group	Member of Ethics and Professional Development Group(Membership in the Faculty Ethics Committee)	Neyshabur University of Medical Sciences	2017
Strategic Development Group	Member of Strategic Development Group	Neyshabur University of Medical Sciences	2017

• **Approved Projects and Proposals**

Title of Project/proposal	Role (PI, Co-Investigator, Consultant, etc.)	Hours of activity	Place	Current condition of Project/proposal	Year
Surveillance of One- and Five-Years Periods and Factors in Patients with Esophageal and Gastric Cancer in Neyshabur	Principal Investigator		Neyshabur university of Medical Sciences		2018
Awareness of Cancer Risk Factors and Its Signs and Participation in Cancer Screening Programs in Neyshabur	Principal Investigator		Neyshabur university of Medical Sciences		2018
Explaining Women's Beliefs on Maternal Health in Neyshabur	Co- Investigator		Neyshabur university of Medical Sciences		2014
The Effectiveness of using Educational Videos on Oral Health Behaviors in Mothers with 3-6 Years Old Children Referring to	Co-Investigator		Neyshabur university of Medical Sciences		2018

Urban Health Centers in Neyshabur					
Self-care behaviors in diabetic patients referring to urban health centers in Neyshabur	Co- Investigator		Neyshabur university of Medical Sciences		2018
Design and implementation of an educational program for improving the health of elderly people living in nursing homes in Neyshabur	Principal Investigator		Neyshabur university of Medical Sciences		2019
Prevalence of domestic violence and its causes in pregnant women referring to Neyshabur health centers	Principal Investigator		Neyshabur university of Medical Sciences		2019
Self-care and self-control behaviors in hypertensive patients referred to health centers and in Neyshabur	Principal Investigator		Neyshabur university of Medical Sciences		2019

• **Grants Received**

Source	Grant No.	Title	Budget of Grant (Total Costs)	Role (PI, Co-Investigator, Consultant, etc.)	Period
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- **Theses directed, supervised or consulted**

Title of thesis	Degree/Level	Place	Role	Year

- **Lectures**

Title of Lecture	Seminar	Place	Year

- **Editorial**

Journal	Place of Publishing	Duties and Responsibilities	Year	
			From	To

- **Courses (educational, training, research and management)**

Course	Level	Place	Year

- **Attending in seminars, workshops, etc.**

Title of seminar, workshop, etc.	Duration	Place	Year
Primary Health Care Workshop		Hamedan University of Medical Sciences,	2011
Introductory Research Workshop		Sabzevar University of Medical Sciences,	2006
Systematic Review in Health Education and Promotion Workshop			
Internal Assessment Workshop		Tabriz University of Medical Sciences,	2011
Article Writing training		Sabzevar University of	2007

workshop		Medical Sciences,	
The media health critic workshop		Sabzevar University of Medical Sciences,	2006
Workshop on Validity and Reliability of the Research Toolkit”		Tehran University of Medical Sciences.	2016
Workshop on Lesson Planning		Sabzevar University of Medical Sciences,	2004
Workshop on the Principles and Writing of Articles in English		Sabzevar University of Medical Sciences ,	2006
Workshop on Nanotechnology and its Application in Medical Sciences”			in 2014
New Methods Teaching Workshop			in 2014
Three-day workshop on Creativity and Innovation			in 2014
On Familiarity with Variety of Studies in Medical Sciences			in 2015
One-day ethics workshop on medical science			in 2015
Meta analyzes & systematic reviews			in 2015
Endnote's Reference Workshop			in 2014
Student Loss Prevention Workshop			April 22, 2014
Familiarity with common sources of errors in medical science studies		Counseling Office with the assistance of the Center for Studies in 2014	
Challenges for effective communication between counselors and students			2014
The Life Skills Workshop as Interpersonal Communication			in 2015
Media workshop, along with the study of media literacy dimensions			2006

Professional Ethics Workshop on Cultural Competence in the Teachers'			2016
Professionalism Training Workshop in Center for the Study of Medical Education		Empowerment Unit,	2016
Clinical Argument Workshop			2018
The evidence-based medicine training workshop			2018
The Workshop on Lesson Planning by the Center for Studies			2018
How to participate in the workshop on how to develop a development proposal			2018
The Fellowship Research Workshop on descriptive and cross-sectional studies in medicine,			2018
Virtual Student Seminar on the Promotion of Academic Staff,			2018
Phase I workshops on Fellowship Applied Research			2018
Creative and Innovative Thinking Workshop			2018
Creative and Innovative Thinking Workshop			2018
The first Summer School of Health Graphic			2018
Workshop for the Study and Development of Medical Education		By the Empowerment Unit of the Faculty Members of the Center in 2019	2019

- **Publications:**

a. Books

Author(s)	Editor	Title	Publisher	Site of Publication	Year of Publication

b. Articles

Author(s)	Title	Journal name	Vol. No.	Issue No.	Page No.	Year
Moeini B, Hazavehei MM, Moghimbeigi A, Homayonfar S, Moslem A, Mirmoosavi SJ, Heravi MD.	Relationship between Adults' Blood Pressure, Occupation and Physical Activity: A cross-sectional study among 20 to 65 years adults in Sabzevar	Broad Research in Artificial Intelligence and Neuroscience	10	20	141-146	2019
Moeini B, Hazavehei MM, Mirmmoosavi SJ, Karimi Shahanjarini A, Moghimbeigi A, Heravi MD.	Evaluation of Body Mass Index, Abdominal Fat and Prevalence of Hypertension among People 20 to 65 of Sabzevar City, Iran 2016. World Family.	Medicine Journal: Incorporating the Middle East Journal of Family Medicine	99	5832	1-6	2018
Hazavehei MM, Moeini B, Mirmoosavi SJ, Shahanjarini AK, Moslem AR, Moghimbeigi A, Heravi MD.	Study of the type of diet and nutritional habits of people in Sabzevar, Iran 2016.	Journal of Fundamental and Applied Sciences.	10	6	1355-1369	2018
Heravi M, Nouri A. Ahamdi,	1. Knowledge Level Of Management Students About The Effects And Complications Of Ecstasy Use In Tehran Universities.	Journal of Babol University of Medical Sciences, Metabolism and Cardiovascular Diseases.	1	9	43-46	2007
Heravi M, Nouri A. Ahamdi,	1. Attitude of management students about the effects and side effects of ecstasy use in Tehran	Journal of Babol University of Medical Sciences, Metabolism	9	3	43-46	2007

	universities and medical sciences in the year 84	and Cardiovascular Diseases.				
Jalambadani Z, Delavari Heravi M, Noori Sistani M.	Folic acid consumption based on the theory of planned behavior in pregnant women.	journal of Obstetrics and Gynaecology.	40	1	37-45	2020

c. Papers Presented

Author(s)	Title of Article	Congress	Place	Type of Presentation (Oral or Poster)	Year
Heravri, M. D.	The effect of body mass index and abdominal fat on high blood pressure: A cross-sectional study of a random sample of men and women aged 20-65 years.	International Russian Conference	Oral	Russia	2016
Heravri, M. D	The Effect of Educational Film on Reducing High Risk Factors At the first National	Conference on the Arts and Health of Neyshabur Iran,	Oral	Neyshabur Iran	
Heravri, M. D.	Awareness of pregnant mothers about the benefits of breast milk the Student,	Seminar on Health Sciences	Oral presentation	Tehran	2004
Heravri, M. D.	Attitude of undergraduate students towards video conferencing courses.	The 5th National Conference on Electronic Learning in Medical Education. Poster,	Poster,	Iran	2011

d. Media and Software

Title of Media or Software	Usage	Designer(s)/ Programmer(s)	Year

- **Conference Participations**

Title of seminar,
workshop, etc.

- The International Congress on Health Education and Health Promotion, Tabriz, 2011
 - Participation in the National Conference on Health and Sustainable Development at Iran University of Medical Sciences, Tehran, 2003
 - Participation in the 7th National Congress on Health Education and Health Promotion, Tehran University of Medical Sciences, 2016
 - Participate in the International Congress on Health Education and Health Promotion, Isfahan
 - Participating in the National Ethics Conference on Iranian Medical Sciences , Guilan University of Medical Sciences, 2007
 - Participated in the Student Health Sciences Seminar, Tehran University of Medical Sciences
 - Participation in the National Conference on Occupational Health Tehran University of Medical Sciences, 2004
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- **Professional Interests**

Operational Activities, 2020

- Uploading the educational content of the elderly health course and the rehabilitation course and hold online classes and video conferencing
 - Sending materials for prevention and treatment of covid 19 by traditional medicine in WhatsApp groups for all students
 - Participating in research ethics webinar
 - Participating in the bioethics video conference on research
 - Participating in the ethics webinar on research related to Covid 19
 - Judging the research project: A study of the predictive power of the theory of planned behavior on the use of vitamin D3 pills in pregnant women of Neyshabur urban health centers in 2018
 - Participating in a workshop on the design and writing of educational processes of the 14th Shahid Motahari Festival
 - Participating in a national webinar Ethical challenges in virtual medicine education
 - Participating in the Covid 19 Epidemic Nursing Education Challenge Webinar
 - Participating in an international webinar entitled Active learning and lecture curriculum
 - Educate students about traditional medicine treatments for Covid 19 disease through WhatsApp groups
 - Uploading Covid 19 -related training materials to a group of public health professors
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- **References (referees)**