

---

**Ali Gholami**

*Associated professor, PhD*

*Department of Epidemiology and Biostatistics*

*Faculty of Health Sciences*

*Neyshabur University of Medical Sciences*

*Janbazan Blvd, Neyshabur, IRAN, 14139-93186*

**Contact Details:**

*Phone:* +98 51 42632476

*Mobile:* +98 915 510 5801

*Home page:*

**Email address:** [Aagholami80@yahoo.com](mailto:Aagholami80@yahoo.com) , [Gholamia1@nums.ac.ir](mailto:Gholamia1@nums.ac.ir)

**Scopus:** <https://www.scopus.com/authid/detail.uri?authorId=55780283100>

**Google scholar:** <https://scholar.google.com/citations?user=epOYj6kAAAAJ&hl=en>

**ResearcherID:** <https://www.webofscience.com/wos/author/record/1688555>

**Researchgate:** <https://www.researchgate.net/profile/Ali-Gholami-4>

**ORCID:** <https://orcid.org/0000-0003-0338-9368>

---

**EDUCATIONAL BACKGROUND** **PhD degree in Epidemiology**

Faculty of Health Sciences, Iran University of Medical Sciences, Tehran, Iran, (2013-2018)

**Thesis title:** National and Subnational Cardiovascular Diseases Mortality Attributable to Salt Consumption in Iran by Sex and Age from 1990 to 2016

**Supervisors:** Prof. Hamid Reza Baradaran and Prof. Farshad Farzadfar

---

**MSc degree in Epidemiology**

Faculty of Health Sciences, Urmia University of Medical Sciences, West Azerbaijan, Iran, (2006-2008)

**Thesis title:** Study the risk factors of acute leukemia in children under 15 years of age in the West Azerbaijan province

**Supervisor:** Prof. Shaker Salarilak

---

**BSc of Public Health**

Faculty of Health Sciences, Kerman University of Medical Sciences, Kerman, Iran, (2002-2006)

---

<b>EMPLOYMENT DETAILS</b>	<b>05/2018 - present</b> PhD of Epidemiology, Academic member Neyshabur University of Medical Sciences								
	<b>08/2011 – 02/2014</b> MSc of Epidemiology, Academic member Neyshabur University of Medical Sciences								
	<b>09/2009 – 08/2011</b> MSc of Epidemiology Neyshabur University of Medical Sciences								
	<b>12/2005 – 09/2007</b> BSc of Public health Neyshabur University of Medical Sciences								
<b>PROFESSIONAL SOCIETIES</b>	<ul style="list-style-type: none"> <li>• The Director of Research and Technology, NUMS (2019-2022)</li> <li>• The Director of Public Health Department, NUMS (2018-2022)</li> <li>• The Epidemiology &amp; Biostatistics Department, NUMS (2022-2023)</li> </ul>								
<b>SCHOLARSHIPS , AWARDS</b>	<ul style="list-style-type: none"> <li>• Awards for outstanding MSc Student of Urmia University of Medical Sciences, 2008.</li> <li>• Awards for outstanding Researcher in Neyshabur University of Medical Sciences, 2012.</li> <li>• Awards for outstanding Researcher in Neyshabur University of Medical Sciences, 2022.</li> </ul>								
<b>MEMBERSHIPS</b>	<ul style="list-style-type: none"> <li>• Member of research Council of NUMS (2018-2022)</li> <li>• Member of Biostatistics &amp; Epidemiology Department, NUMS (2018-2023)</li> <li>• Member of Ethics Committee, NUMS (2018-2023)</li> <li>• Member of Educational Council of NUMS (2018-2022)</li> <li>• Member of Educational Council of Faculty of Health, NUMS (2021-2023)</li> <li>• Member of the Founding Board of the Non-Communicable Diseases Research Center</li> </ul>								
<b>WORKSHOP TEACHING EXPERIENCE</b>	<table border="1"> <thead> <tr> <th><b>Workshop</b></th> <th><b>Target Group</b></th> </tr> </thead> <tbody> <tr> <td>Research methodology (15 times)</td> <td>Academic members, Medical students, Medical staff</td> </tr> <tr> <td>Software (SPSS, STATA, Endnote, ...) (8 times)</td> <td>Academic members, Medical students, Medical staff</td> </tr> <tr> <td>Search (5 times)</td> <td>Academic members, Medical students, Medical staff Academic members, Medical students, Medical staff</td> </tr> </tbody> </table>	<b>Workshop</b>	<b>Target Group</b>	Research methodology (15 times)	Academic members, Medical students, Medical staff	Software (SPSS, STATA, Endnote, ...) (8 times)	Academic members, Medical students, Medical staff	Search (5 times)	Academic members, Medical students, Medical staff Academic members, Medical students, Medical staff
	<b>Workshop</b>	<b>Target Group</b>							
	Research methodology (15 times)	Academic members, Medical students, Medical staff							
Software (SPSS, STATA, Endnote, ...) (8 times)	Academic members, Medical students, Medical staff								
Search (5 times)	Academic members, Medical students, Medical staff Academic members, Medical students, Medical staff								

	<b>Course</b>	<b>Target Group</b>
<b>TEACHING EXPERIENCE</b>	Epidemiology (20 times)	Medical students (BSc, MD, MSc, PhD)
	Research methodology (15 times)	Medical students (BSc, MSc)
	Statistics (15 times)	Medical students (BSc, MSc)
	Public health (5 times)	Medical students (BSc, MSc)

### RESEARCH PROJECTS:

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
1	2023	The effect of parenteral selenium supplementation on serum concentration of C-reactive protein and interleukin-6: A systematic review and meta-analysis on randomized clinical trials	Neyshabur University of Medical Sciences	Principal Investigator
2	2023	The effect of selenium supplementation on serum concentration of C-reactive protein: A systematic review and meta-analysis on randomized clinical trials	Neyshabur University of Medical Sciences	Co-investigator
3	2022	Identifying latent classes of sleep quality in patients with gastrointestinal cancers and investigating the relation of quality of life on the membership of patients in latent classes	Neyshabur University of Medical Sciences	Principal Investigator
4	2021	The effect of almond on serum concentration of C-reactive protein and Interleukin-6: A meta-analysis and systematic review on randomized clinical trials	Neyshabur University of Medical Sciences	Principal Investigator
5	2021	Determination of women's sleep quality and its relationship with premenstrual syndrome in women referring to health centers in Mashhad in 2021	Neyshabur University of Medical Sciences	Co-investigator
6	2021	The effect of tart cherry on serum concentration of inflammatory mediators: A meta-analysis and systematic review on randomized clinical trials	Neyshabur University of Medical Sciences	Co-investigator
7	2021	Evaluation of short-term side effects of Covid-19 vaccine in healthcare workers of Neyshabur University of medical Sciences	Neyshabur University of Medical Sciences	Co-investigator
8	2020	Association between sleep duration and sleep quality with serum lipid profile in an elderly Iranian population: a large-scale cross-sectional study Based on Neyshabur Longitudinal Study on Ageing	Neyshabur University of Medical Sciences	Principal Investigator

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
9	2020	Association between Metabolic syndrome and health-related quality of life in Older adults; Findings from the Neyshabur Longitudinal Study on Ageing	Neyshabur University of Medical Sciences	Principal Investigator
10	2020	Clinical epidemiology of COVID 19: Reports from outpatient and inpatient settings Neyshabur 2020	Neyshabur University of Medical Sciences	Co-Investigator
11	2020	COVID 19 risk assessment among healthcare workers (HCW) in Neyshabur, 2020	Neyshabur University of Medical Sciences	Principal Investigator
12	2020	A study of psychological distress among people aged 50 years and older during social distancing due to COVID19, Neyshabur 2020	Neyshabur University of Medical Sciences	Co-Investigator
13	2020	Active case finding for screening of COVID19 in older adults, Neyshabur 2020	Neyshabur University of Medical Sciences	Co-Investigator
14	2020	Sleep duration and sleep quality is associated with health-related quality of life in elderly population: Finding from Neyshabur Longitudinal Study on Ageing	Neyshabur University of Medical Sciences	Principal Investigator
15	2019	The effect of soy isoflavones and soy protein combination on serum concentration of resistin: A meta-analysis and systematic review on randomized clinical trial	Neyshabur University of Medical Sciences	Principal Investigator
16	2019	Investigation of the frequency and pattern of antibiotic resistance of bacteria isolated from urine samples referred to Firoozeh health centers since 2016-2020	Neyshabur University of Medical Sciences	Co-Investigator
17	2019	The effect of soy isoflavones and soy protein combination on tumor necrosis factor- $\alpha$ and interleukin-6 among postmenopausal women: A meta-analysis and systematic review on randomized clinical trial	Neyshabur University of Medical Sciences	Principal Investigator
18	2019	The effect of soy protein plus soy isoflavones on serum concentration of leptin and adiponectin: A meta-analysis and systematic review on randomized clinical trials	Neyshabur University of Medical Sciences	Co-Investigator
19	2019	Evaluation of short-term survival of patients with coronavirus in Neyshabur city	Neyshabur University of Medical Sciences	Co-investigator

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
20	2019	The impact of using cell phone before sleep on the sleep quality in students of Neyshabur university of medical sciences.2019	Neyshabur University of Medical Sciences	Principal Investigator
21	2019	The effect of sleep quality on quality of life in dialysis patients of Neyshabur, 2019	Neyshabur University of Medical Sciences	Principal Investigator
22	2019	Survey of students' attitudes toward study field and future career in neyshabur faculty of medical sciences	Neyshabur University of Medical Sciences	Co-investigator
23	2019	Quality of life in women referred to healthcare centers of Neyshabur	Neyshabur University of Medical Sciences	Principal Investigator
24	2019	Assessment of Spiritual Intelligence and its Related Factors in Students of Neyshabur University of Medical Sciences	Neyshabur University of Medical Sciences	Principal Investigator
25	2019	Study the changes of behaviors associated with lifestyle and its relation to health indicators and academic achievements among Neyshabur medical university students: a longitudinal study (Phase 1)	Neyshabur University of Medical Sciences	Principal Investigator
26	2019	The effect of resistant starch type II on serum concentration of IL-6, TNF- $\alpha$ and CRP: A systematic review and meta-analysis on randomized clinical trials	Neyshabur University of Medical Sciences	Co-investigator
27	2019	The effect of soy on serum concentration of inflammatory mediators: A meta-analysis and systematic review on randomized clinical trials	Neyshabur University of Medical Sciences	Co-investigator
28	2019	Assessment of relationship between the excretion of sodium and potassium of 24-hour urinary sample and spot urinary sample and dietary sodium and potassium intake with blood pressure among elderly population in Neyshabur.	Neyshabur University of Medical Sciences	Co-investigator
29	2018	Cesarean preference rate and factors associated with it on pregnant women in Neyshabur	Neyshabur University of Medical Sciences	Principal Investigator

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
30	2018	The Quality Gap of Educational Services from the Viewpoint of Students in Neyshabour Faculty of Medical Sciences	Neyshabur University of Medical Sciences	Principal Investigator
31	2018	Study of prevalence and related factors of injuries from contaminated sharp devices among health – care workers in Neyshabour hospitals	Neyshabur University of Medical Sciences	Principal Investigator
32	2017	Investigation of drug resistance mutants in hepatitis C virus (HCV) infected thalassemia patients before and after treatment with direct acting drugs.	Iran University of Medical Sciences	Co-investigator
33	2017	Household food insecurity prevalence and associated factors among patients with esophageal and gastric cancer referred to Firoozgar hospital in Tehran	Iran University of Medical Sciences	Principal Investigator
34	2017	Evaluation of quality of life in patients with gastroesophageal cancer referring to Firoozgar in Tehran during diagnosis 6 and 12 months after diagnosis	Iran University of Medical Sciences	Co-investigator
35	2017	Comparative study of low-dose chemotherapy gemcitabine regimen and weekly cisplatin with radiotherapy with a conventional fractionation in terms of response to treatment in patients with muscle invasive bladder concussion	Iran University of Medical Sciences	Co-investigator
36	2016	The role of probiotic lactobacillus acidophilus as an auxiliary treatment with standard treatment on immune system and therapeutic efficacy in patients with rectal cancer: Phase 3 randomized clinical trial	Iran University of Medical Sciences	Co-investigator
37	2016	Investigating the Relation Between Smoking and Opioid Addiction Using Mendelian Randomization Study	Iran University of Medical Sciences	Co-investigator
38	2016	Study of methylation of genes involved in activating HSC liver cells and fibrosis in tissue biopsy and serum in patients with NAFLD compared to control group	Iran University of Medical Sciences	Co-investigator
39	2016	Study of the quality of life and its dimensions in the city of Tehran using the data of Urban-heart 2	Iran University of Medical Sciences	Principal Investigator
40	2016	The prevalence of JC (JCV) Poliooma Virus in samples of patients with colorectal cancer	Iran University of Medical Sciences	Co-investigator
41	2016	Study of the relationship between overweight and obesity and quality of life among residents of Tehran	Iran University of Medical Sciences	Principal Investigator

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
42	2016	Study of deaths from cardiovascular diseases attributable to salt in Iran from 1990 to 2015	Iran University of Medical Sciences	Principal Investigator
43	2016	Evaluation of human bovine virus prevalence (HBVV) in patients with colorectal cancer	Iran University of Medical Sciences	Co-investigator
44	2016	Quality of life in patients with non-alcoholic steatohepatitis (NASH) in Amol city	Iran University of Medical Sciences	Principal Investigator
45	2016	Study of the relationship between household insecurity and quality of life of residents in 22 districts of Tehran	Iran University of Medical Sciences	Principal Investigator
46	2015	Prevalence of exclusive breastfeeding and its related factors in 6-12 year-old children in Neyshabur in 1394	Neyshabur University of Medical Sciences	Co-investigator
47	2015	Study the quality of life of diabetic patients living in villages of Neyshabur	Neyshabur University of Medical Sciences	Principal Investigator
48	2015	Association of food insecurity with obesity and overweight in diabetic patients in Neyshabur city	Neyshabur University of Medical Sciences	Principal Investigator
49	2015	Evaluation of quality of life and its dimensions in patients with diabetes mellitus in Tehran	Iran University of Medical Sciences	Principal Investigator
50	2014	The study of spiritual intelligence among students of the Faculty of Health of Iran University of Medical Sciences	Iran University of Medical Sciences	Principal Investigator
51	2014	The prevalence of child abuse and behavior problems among primary school students in the city Neyshabur; 2014	Neyshabur University of Medical Sciences	Co-investigator
52	2014	Quality evaluation of educational services gap in Iran Faculty of Medical Sciences based on service quality scale	Iran University of Medical Sciences	Principal Investigator
53	2014	Investigating the Factors Affecting Preterm Delivery in Rural and Urban Areas of Salsaleh	Iran University of Medical Sciences	Co-investigator
54	2014	Evaluation of anti-inflammatory effects of melatonin in patients with non-alcoholic liver disease	Iran University of Medical Sciences	Co-investigator
55	2013	Quality of life in patients with cataract in the city of Neyshabur - 2013	Neyshabur University of Medical Sciences	Principal Investigator
56	2013	Prevalence of depression and its associated factors in pregnant women in the city of Neyshabur -2013	Neyshabur University of Medical Sciences	Principal Investigator

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
57	2013	Risk Analysis by Means of a QRA Approach on a LPG Cylinder Filling Installation	Neyshabur University of Medical Sciences	Co-investigator
58	2013	Assessing the safety climate and its structural dimensions and the relationship between risk perception in the Khorasan steel industry	Neyshabur University of Medical Sciences	Co-investigator
59	2013	A survey on Quality of Life in Women Referred to Health Centers of Neyshabur	Neyshabur University of Medical Sciences	Principal Investigator
60	2013	Prevalence of Depression Symptoms and its Effective Factors in Pregnant Women	Neyshabur University of Medical Sciences	Principal Investigator
61	2013	Attitude of Students toward their Field of Study and Future Career in Neyshabur University of Medical Sciences	Neyshabur University of Medical Sciences	Principal Investigator
62	2013	Studying the knowledge level of students in Neyshabur University of Medical Sciences regarding the role of cancer nutrition in 2013	Neyshabur University of Medical Sciences	Co-investigator
63	2013	Evaluation of Moral Stress and its Related Factors from Nurses' Viewpoints of Hospitals of Neyshabur University of Medical Sciences in 2013	Neyshabur University of Medical Sciences	Co-investigator
64	2013	Correlation between communication and cooperation of nurses with doctors from nurses' viewpoint in hospitals affiliated to Neyshabur University of Medical Sciences in 2013	Neyshabur University of Medical Sciences	Co-investigator
65	2013	Influence of unsafe and excessive use of mobile phone on the sleep quality	Neyshabur University of Medical Sciences	Co-investigator
66	2013	The Prevalence of Self-Therapy and Its Effective Factors in Women in Neyshabur City in 2013	Neyshabur University of Medical Sciences	Co-investigator
67	2013	A comparative study on the organizational culture of educational hospitals affiliated to the Neyshabur University of Medical Sciences and Mashhad University of Medical Sciences based on the Denison model in 2013	Neyshabur University of Medical Sciences	Principal Investigator
68	2013	Investigating the relationship between patient safety culture and voluntary accidents reporting system in hospitals of Neyshabur	Neyshabur University of Medical Sciences	Co-investigator
69	2013	Evaluation of factors affecting visual impairment in type 2 diabetic patients	Neyshabur University of Medical Sciences	Co-investigator
70	2012	Quality evaluation of educational services gap in Neyshabur Faculty of Medical Sciences based on service quality scale	Neyshabur University of Medical Sciences	Principal Investigator
71	2012	Assessing the knowledge, attitude and practice of doctors in relation to evidence-based medicine	Neyshabur University of Medical Sciences	Co-investigator

	<b>Date</b>	<b>Title</b>	<b>Supporting organization</b>	<b>Role</b>
72	2012	Factors associated with preference for repeat cesarean in Neyshabur pregnant women	Neyshabur University of Medical Sciences	Principal Investigator
73	2011	Study of Needle Stick Injuries among Health Care Workers at Teaching Hospitals in Neyshabur	Neyshabur University of Medical Sciences	Principal Investigator
74	2011	Prevalence and Influencing Factors of Food Insecurity among Neyshabour Rural Households; 2011	Neyshabur University of Medical Sciences	
75	2011	Study the Quality of Life of Employees of Healthcare Centers in Neyshabur City in 2011	Neyshabur University of Medical Sciences	Principal Investigator
76	2011	Food Insecurity Status and Associated Factors among Rural Households in North-East of Iran	Neyshabur University of Medical Sciences	Principal Investigator
77	2009	Study the risk factors of acute leukemia in children under 15 years of age in the West Azerbaijan province	Urmia University of Medical Sciences	Principal Investigator
78	2009	Quality Gap in Primary Health Care in Urmia Health Care Centers	Urmia University of Medical Sciences	Principal Investigator
79	2008	Study of Needle Stick Injuries among Health Care Workers at Teaching Hospitals in Urmia	Urmia University of Medical Sciences	Principal Investigator
80	2008	study Of Prevalence And Related Factors Of Non-Consumption And Irregular Consumption Of Iron Drop In Infants Aged 7-24 Months Urmia City; 2008	Urmia University of Medical Sciences	Principal Investigator
81	2008	Prevalence and effective factors in depression and anxiety in employees of Neyshabur health system	Mashhad University of Medical Sciences	Co-investigator

**English articles:**

	Published	Title	Journal name	Type of Article	Author Position
1	2023	Relationship of sleep duration and sleep quality with health-related quality of life in patients on hemodialysis in Neyshabur	Sleep Medicine: X	Original Article	Correspond author author
2	2023	Metabolic risk factors attributed burden in Iran at national and subnational levels, 1990 to 2019	Frontiers in Public Health	Original Article	Co-author
3	2023	Household Food Insecurity and Associated Factors among Iranian Patients with Esophageal and Gastric Cancers	Middle East Journal of Digestive Diseases	Original Article	Correspond author
4	2023	Association of Sleep Duration and Quality With Health-Related Quality of Life in Fresher University Students	Sleep Medicine Research	Original Article	Correspond author
5	2023	A systematic review and meta-analysis of almond effect on C-reactive protein and interleukin-6 in adults	Complementary Therapies in Medicine	Review	Correspond author
6	2022	Short-term Side Effects of COVID-19 Vaccines (Astrazeneca, Sputnik-V, and Sinopharm) in Health Care Workers: A Cross-Sectional Study in Iran	Medical Journal of Islamic Republic Iran	Original Article	2
7	2022	National and sub-national trends of salt intake in Iranians from 2000 to 2016: a systematic analysis	Archives of Public Health	Original Article	1
8	2022	Risk assessment of coronavirus disease 2019 among healthcare workers in Neyshabur, 2020	Proceedings of Singapore Healthcare	Original Article	Correspond author
9	2022	Can soy isoflavones in combination with soy protein change serum concentration of adiponectin and resistin? A systematic review and meta-analysis on randomized clinical trials	Food Science & Nutrition	Review	Correspond author
10	2022	The beneficial effect of tart cherry on plasma levels of inflammatory mediators (not recovery after exercise): A systematic review and meta-analysis on randomized clinical trials	Complementary Therapies in Medicine	Review	1

11	2022	Soy isoflavones plus soy protein effects on serum concentration of leptin in adults: A systematic review and meta-analysis of randomized clinical trial	Clinical Nutrition ESPEN	Original Article	1
12	2022	Effect of soy isoflavones on C-reactive protein in chronic inflammatory disorders: A systematic review and meta-analysis	International Journal for Vitamin and Nutrition	Review	1
13	2022	Association between Melatonin Value and Interleukins 1B,-18, and-33 Levels in Patients with Different Stages of Non-Alcoholic Fatty Liver Disease	Middle East Journal of Digestive Diseases	Original Article	3
14	2022	The efficacy of soy isoflavones combined with soy protein on serum concentration of interleukin-6 and tumour necrosis factor-alpha among post-menopausal women? A systematic review and meta-analysis of randomized controlled trials	Clinical and Experimental Pharmacology & Physiology	Review	1
15	2021	Evaluating tissue levels of the eight trace elements and heavy metals among esophagus and gastric cancer patients: A comparison between cancerous and non-cancerous tissues	Journal of Trace Elements in Medicine and Biology	Original Article	Correspond author
16	2021	Determination of heavy metals and health risk assessment in indoor dust from different functional areas in Neyshabur, Iran	Indoor and Built Environment	Original Article	2
17		Are Serum Levels of Nuclear Factor Kappa B and Forkhead Box Protein P3 in Patients with Non-Alcoholic Fatty Liver Disease Related to Severity of Fibrosis?	Middle East Journal of Digestive Diseases	Original Article	2
18	2021	The effect of soy protein containing soy isoflavones on serum concentration of cell adhesion molecules: A systematic review and meta-analysis of randomized controlled trials	Complementary Therapies in Medicine	Review	Correspond author
19	2021	The effect of soy isoflavones and soy isoflavones plus soy protein on serum concentration of tumor necrosis factor- $\alpha$ ? A systematic review and meta-analysis of randomized controlled trials	Phytotherapy Research	Review	Correspond author

20	2021	Beneficial effect of soy isoflavones and soy isoflavones plus soy protein on serum concentration of C-reactive protein among postmenopausal women: An updated systematic review and meta-analysis of randomized controlled trials	Complementary Therapies in Medicine	Review	Correspond author
21	2021	Melatonin Levels in Patients with Nonalcoholic Fatty Liver Disease Compared with Healthy Individuals according to Fibrosis Level	Middle East Journal of Digestive Diseases	Original Article	2
22	2021	Can soy isoflavones plus soy protein change serum levels of interleukin-6? A systematic review and meta-analysis of randomized controlled trials	Phytotherapy Research	Review	1
23	2021	Associations of Household Food Security with Health-Related Quality of Life in Various Districts of Tehran	Nutrition and Food Sciences Research	Original Article	2
24	2021	Is Melatonin Associated with Pro-Inflammatory Cytokine Activity and Liver Fibrosis in Non-Alcoholic Fatty Liver Disease (NAFLD) Patients?	Gastroenterology and Hepatology From Bed to Bench	Original Article	2
25	2021	Utilization of dental care in Iranian pregnant women: Findings from a population-based study	Dental research journal	Original Article	10
26	2021	Effect of baseline resistance-associated substitutions on thalassemia patients with chronic hcv infection: A two-year follow-up	Middle East Journal of Digestive Diseases	Original Article	9
27	2021	Effect of resistant starch type 2 on inflammatory mediators: A systematic review and meta-analysis of randomized controlled trials	Complementary Therapies in Medicine	Review	2
28	2020	Subgrouping university students based on substance use pattern: A latent class analysis	Substance Abuse and Rehabilitation	Original Article	3
29	2020	Is salt intake reduction a universal intervention for both normotensive and hypertensive people: a case from Iran STEPS survey 2016	European Journal of Nutrition	Original Article	1
30	2020	Comparison of sf-36 and whoqol-bref in measuring quality of life in patients with type 2 diabetes	International Journal of General Medicine	Original Article	Correspond author

31	2020	Health related quality of life in patient with type 2 diabetes: The role of household food insecurity on latent class membership	Diabetes & Metabolic Syndrome: Clinical Research & Reviews	Original Article	Correspond author
32	2020	A pilot study of the effect of curcumin on epigenetic changes and DNA damage among patients with non-alcoholic fatty liver disease: A randomized, double-blind, placebo-controlled, clinical trial	Complementary Therapies in Medicine	Original Article	2
33	2020	Alpha-lipoic acid effect on leptin and adiponectin concentrations: a systematic review and meta-analysis of randomized controlled trials	European Journal of Clinical Pharmacology	Review	2
34	2020	Comorbidity of metabolic syndrome components in a population-based screening program: A latent class analysis	Medical Journal of Islamic Republic Iran	Original Article	4
35	2020	Household food insecurity and health-related quality of life in an urban adult population in Iran	Current Nutrition and Food Science	Original Article	1
36	2020	Effect of grape polyphenols on selected inflammatory mediators: A systematic review and meta-analysis randomized clinical trials	EXCLI Journal : Experimental and Clinical Sciences	Original Article	2
37	2020	Illicit Drug Use and the Associated Factors Among University Students: A Report in the Southwest of Iran	Journal of Kermanshah University of Medical Sciences	Original Article	4
38	2019	Geographical distribution of death due to cancer in Kerman Province, Southeast Iran (2012-2016): A comparison of proportional mortality and age-adjusted mortality rate	Iranian Journal of Health Sciences	Original Article	4
39	2019	Metabolomic Biomarkers in the Diagnosis of Non-Alcoholic Fatty Liver Disease.	Hepatitis Monthly	Original Article	4
40	2019	The effect of curcumin with piperine supplementation on pro-oxidant and antioxidant balance in patients with non-alcoholic fatty liver disease	Drug Metabolism and Personalized Therapy	Original Article	3

41	2019	Socio-economic risk factors of household food insecurity and their population attributable risk: A population-based study	Medical Journal of Islamic Republic Iran	Original Article	Correspond author
42	2019	The Comparison of the Plasma Levels of the Lead Element in Patients with Gastrointestinal Cancers and Healthy Individuals	Asian Pacific Journal of Cancer Prevention	Original Article	3
43	2019	The association of dietary intake of calcium and vitamin d to colorectal cancer risk among Iranian population	Asian Pacific Journal of Cancer Prevention	Original Article	4
44	2019	Survival rate of patients with gastric cancer in Hormozgan Province, Iran	Medical Journal of Islamic Republic Iran	Original Article	2
45	2018	Letter to the editor about “Diet and primary prevention of stroke: Systematic review and dietary recommendations by the ad hoc Working Group of the Italian Society of Human Nutrition	Nutrition, Metabolism and Cardiovascular Diseases	Letter	2
46	2018	Metabolic syndrome is associated with health-related quality of life in suspected patients with nonalcoholic steatohepatitis	Medical Principles and Practice	Original Article	1
47	2018	Trace element and heavy metal levels in colorectal cancer: comparison between cancerous and non-cancerous tissues	Biological trace element research	Original Article	2
48	2018	Erythrocyte membrane fatty acid profile & serum cytokine levels in patients with non-alcoholic fatty liver disease	The Indian journal of medical research	Original Article	5
49	2018	Physical activities (exercises or chores) during pregnancy and mode of delivery in nulliparous women: A prospective cohort study	Taiwanese journal of obstetrics & gynecology	Original Article	6
50	2018	Pattern of body mass index, chronic diseases, and physical component of quality of life in a population in North of Iran: A latent class analysis	Medical Journal of Islamic Republic Iran	Original Article	1

51	2018	Application of the short form of quality of life instrument version 2 in a large population of Tehran	Medical Journal of Islamic Republic Iran	Original Article	1
52	2018	Salt intake among Iranian population: the first national report on salt intake in Iran	Journal of Hypertension	Original Article	11
53	2018	Cigarette smoking patterns in relation to religiosity and familial support among Iranian university students: A Latent Class Analysis	Tobacco Induced Diseases	Original Article	3
54	2018	Colorectal neoplasia: Are young and female individuals remain at low risk for it?	Journal of Cancer Policy	Original Article	2
55	2018	Identifying the pattern of unhealthy dietary habits among an Iranian population: A latent class analysis	Medical Journal of Islamic Republic Iran	Original Article	1
56	2018	National and Subnational Cardiovascular Diseases Mortality Attributable to Salt Consumption in Iran by Sex and Age from 1990 to 2016	Archives of Iranian medicine	Original Article	1
57	2017	Exploring breast cancer preventive lifestyle and social support of Iranian women: a study protocol for a mixed-methods approach	International journal for equity in health	Original Article	5
58	2017	Illicit Drug Use and its Correlations Among Hookah Users in Khalil Abad, Northeast of Iran	International journal of Epidemiologic Research	Original Article	3
59	2017	Interpretation of Serum Visfatin Level in Relation to Hepatic Injury is Probably Gender Dependent in Nonalcoholic Fatty Liver Disease	Hepatitis Monthly	Original Article	3
60	2017	Spatiotemporal epidemiologic mapping, modeling and prediction of tuberculosis incidence rate in northeast of Iran	Journal of analytical research in clinical medicine	Original Article	3
61	2017	The Association of Nicotinamide Phosphoribosyltransferase Polymorphism with Markers of Hepatic Injury and De Novo Lipogenesis in Nonalcoholic Fatty Liver Disease	Hepatitis Monthly	Original Article	5
62	2017	Household food insecurity is associated with health-related quality of life in rural type 2 diabetic patients	Archives of Iranian medicine	Original Article	1

63	2017	Is household food insecurity a determinant of weight status in patients with type 2 diabetes in rural areas?	Medical journal of the Islamic Republic of Iran	Original Article	1
64	2017	Clinical manifestations and diagnosis of nonalcoholic fatty liver disease	Iranian journal of pathology	Original Article	6
65	2017	Association between Nicotinamide Phosphoribosyltransferase and de novo Lipogenesis in Nonalcoholic Fatty Liver Disease	Medical Principles and Practice	Original Article	5
66	2016	Association between pattern of gastritis and gastroesophageal reflux disease in patients with Helicobacter pylori infection	Middle East journal of digestive diseases	Original Article	10
67	2016	Incidence, prevalence, and mortality rate of gastrointestinal cancer in Isfahan, Iran: Application of the MIAMOD method	Asian Pacific Journal of Cancer Prevention	Original Article	2
68	2016	Application of the world health organization quality of life instrument, short form (WHOQOL-BREF) to patients with cataract	Epidemiology and health	Original Article	1
69	2016	Clustering and combining pattern of metabolic syndrome components among Iranian population with latent class analysis	Medical journal of the Islamic Republic of Iran	Original Article	3
70	2016	Quality of life in epileptic patients compared with healthy people	Medical journal of the Islamic Republic of Iran	Original Article	1
71	2016	Development and psychometric testing of a new instrument to measure factors influencing women's breast cancer prevention behaviors (ASSISTS)	BMC women's health	Original Article	5
72	2016	Population attributable risk of unintentional poisoning in Iranian children	International Journal of Pediatrics	Original Article	5
73	2016	Non-medical factors affecting antenatal preferences for delivery route and actual delivery mode of women in southwestern Iran	The Journal of Maternal-Fetal & Neonatal Medicine	Original Article	7
74	2015	Liquid nitrogen cryotherapy versus 70% trichloroacetic acid in the treatment of anogenital warts: A randomized controlled trial.	Iranian Journal of Dermatology	Original Article	3

75	2016	Evaluation of reliability and validity of PDQ-39: questionnaire in iranian patients with Parkinson's disease	Zahedan Journal of Research in Medical Sciences	Original Article	6
76	2015	Risk factors for C-section delivery and population attributable risk for C-section risk factors in Southwest of Iran: a prospective cohort study	Medical journal of the Islamic Republic of Iran	Original Article	5
77	2015	Household food security status in the Northeast of Iran: a cross-sectional study	Medical journal of the Islamic Republic of Iran	Original Article	1
78	2014	Factors associated with preference for repeat cesarean in Neyshabur pregnant women	International journal of preventive medicine	Original Article	1
79	2014	Quality evaluation of educational services gap in Neyshabur Faculty of Medical Sciences based on service quality scale	Shiraz E-Medical Journal	Original Article	1
80	2013	Risk factors of needlestick and sharps injuries among healthcare workers	International Journal of Hospital Research	Original Article	1
81	2013	Risk analysis by means of a QRA approach on a LPG cylinder filling installation. Process Safety Progress	American Institute of Chemical Engineers	Original Article	4
82	2013	Food insecurity status and associated factors among rural households in North-East of Iran	International journal of preventive medicine	Original Article	1 Correspond author
83	2013	Application of WHOQOL-BREF in measuring quality of life in health-care staff	International journal of preventive medicine	Original Article	1
84	2013	Quality of life in patients with type 2 diabetes: application of WHOQOL-BREF scale	Shiraz E-Medical Journal	Original Article	1

---

85	2013	The effect of lead acetate on oxidative stress and antioxidant status in rat bronchoalveolar lavage fluid and lung tissue	Toxicology mechanisms and methods	Original Article	5
86	2013	Why do some pregnant women prefer cesarean delivery in first pregnancy?	Iranian journal of reproductive medicine	Original Article	1
87	2013	Birth weight and risk of childhood acute leukaemia	EMHJ-Eastern Mediterranean Health Journal	Original Article	1
88	2013	Quality of life in nurses working in Neyshabur hospitals.	Thrita	Original Article	1
89	2013	Parental risk factors of childhood acute leukemia: a case-control study	Journal of research in health sciences	Original Article	1

**Persian article:**

	Published	Title	Journal name	Type of Article	Author Position
1	2021	The effect of soy isoflavones on serum concentration of cell adhesion molecules among postmenopausal women: A systematic review and meta-analysis on randomized clinical trials	Journal of Neyshabur University of Medical Sciences	Original article	1
2	2020	Psychometric properties of a Farsi version of the Dutch Boredom Scale Questionnaire (DUBS) in Iranian University of Medical Sciences employees	Iran Occupational Health	Original article	4
3	2016	Influence of unsafe and excessive use of mobile phone on the sleep quality	Scientific Journal of Kurdistan University of Medical Sciences	Original article	4
4	2016	Attitude of Students toward their Field of Study and Future Career in Neyshabur University of Medical Sciences	Journal of Neyshabur University of Medical Sciences	Original article	1
5	2016	Compare the estimated odds ratios from logistic regression and conditional logistic regression in the case-control study determination risk factors for unintentional childhood poisoning of children in Tehran	Zanko Journal of Medical Sciences	Original article	7
6	2015	Prevalence of Depression Symptoms and its Effective Factors in Pregnant Women	Journal of Holistic Nursing and Midwifery	Original article	1 and Correspond author
7	2016	Study of Related Factors to Quality of Life in Students at Neyshabur University of Medical Sciences; 2012	(Teb & Tazkiye, 2016)	Original article	1
8	2015	A survey on Quality of Life in Women Referred to Health Centers of Neyshabur-2012	Bimonthly Journal of Sabzevar University of Medical Sciences	Original article	1

9	2015	A survey of Knowledge, Attitude and Practice of Physicians Related to Evidence-Based Medicine in Hakim and 22 Bahman Hospitals of Neyshabur	Journal of Neyshabur University of Medical Sciences	Original article	4
10	2015	Survey of patient safety culture: A tool for improving patient safety in healthcare providers service organizations	Iran Occupational Health	Original article	2
11	2014	Prevalence of underweight among rural children aged 3 to 6-year-old in Neyshabur	J Neyshabur Univ Med Sci	Original article	1
12	2013	Cesarean Preference Rate and Factors Associated with It among Pregnant Women with Previous Vaginal Delivery in Neyshabur	Journal of Rafsanjan University of Medical Sciences	Original article	1
13	2012	Study of prevalence and related factors of non-consumption and irregular consumption of iron drop in infants aged 7-24 months Urmia city 2008	Urmia Medical Journal	Original article	1
14	2011	Quality gap in primary health care in Neyshabour health care centers.	Daneshvar Medicine	Original article	1 and Correspond author
15	2011	Gaps in the quality of primary health care services provided by health centers-Care Nishapur city	Sci J shahed university	Original article	1
16	2010	Hepatitis B Vaccination Coverage among Teaching Hospital Workers in Urmia	The Journal of Urmia Nursing and Midwifery Faculty	Original article	1
17	2010	QUALITY GAP IN PRIMARY HEALTH CARE IN URMIA HEALTH CARE CENTERS, 2009	THE JOURNAL OF URMIA UNIVERSITY OF MEDICAL SCINCES	Original article	1
18	2010	Study of needle stick injuries among health care workers at teaching hospitals in Urmia.	Iranian Journal of Epidemiology	Original article	1
19	2010	INCIDENCE RATE OF ACUTE LEUKEMIA IN WEST AZARBAIJAN DURING 2003-2008	THE JOURNAL OF URMIA UNIVERSITY OF MEDICAL SCINCES	Original article	2

---

20	2010	Incidence Rate of ExtraPulmonary Tuberculosis in Urmia city during 2004-2007	Journal of Urmia Nursing And Midwifery Faculty	Original article	1
21	2009	A STUDY ON CLINICAL SIGNS OF TUBERCULOSIS PATIENTS IN URMIA	Journal of Urmia Nursing And Midwifery Faculty	Original article	1
22	2009	Epidemiologic survey of pulmonary Tuberculosis in Urmia city during 2004-2007	KNOWLEDGE & HEALTH	Original article	1

---

**Reviewing Activities**

- PLOS ONE (Reviewer)
- Medical journal of the Islamic Republic of Iran (Reviewer)
- Journal of Neyshabur University of Medical Sciences (Reviewer)

---

**STATISTICAL PACKAGES, OTHER SOFTWARE**

- STATA
- SPSS
- AMOS
- Endnote
- Microsoft Office

---

**Research interests**

- Nutritional epidemiology
- Non-communicable diseases
- Burden of diseases
- Quality of life
- Modeling

---

**Update**  
**June 2023**